

# SAARTHI IAS

## UPSC Gurukul – ESSAY Program

“**EASE**”

**E**nhance & **A**ugment **S**cores in **E**ssay

- For candidates requiring specialized mentoring assistance and supervision in general studies after clearing the prelims exam.
- 10 STIMULATOR ESSAY TESTS
- “REGULAR” Discussion, “DETAILED” Analysis and “PERSONALIZED” Evaluation.
- Personalized weekly “P2P” mentoring sessions with the faculty after the test.
- Topic wise hand holding and assistance in understanding, in depth analysis and notes making based on unique 5 I approach- “MICRO MENTORING”
- Limiting the learning paradigm to examination needs–EXAMABLE APPROACH.
- Personalized rescheduling of the test available-“FLEXIBILITY”.

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<p><b>Essay Enrichment Workshops</b></p>	<p><b>Essay Enrichment Workshops</b></p> <p>The <b>Essay Enrichment Workshops</b> are specially curated academic sessions aimed at strengthening the <b>foundational understanding of essay writing as demanded by UPSC</b>. These workshops focus on:</p> <ul style="list-style-type: none"><li>• Understanding the <b>philosophical, ethical, socio-economic, political, and interdisciplinary dimensions</b> of essay topics</li><li>• Developing the ability to <b>decode essay themes</b>, identify core demands, and avoid common pitfalls</li><li>• Structuring essays with a <b>strong introduction, multi-dimensional body, and a forward-looking conclusion</b></li><li>• Incorporating <b>thinkers, constitutional values, current affairs, examples, case studies, and Indian context</b></li></ul> <p>These workshops act as a <b>conceptual backbone</b> for aspirants, ensuring that essay writing moves beyond superficial content and reflects <b>intellectual maturity and originality</b>.</p>
<p><b>“Mains Studio”</b></p>	<p><b>“Mains Studio” – Essay Writing and Evaluation</b></p> <p>The <b>Mains Studio</b> is a dedicated academic ecosystem that simulates the <b>real UPSC Mains examination environment</b>. Under this module, aspirants:</p> <ul style="list-style-type: none"><li>• Write essays in <b>time-bound, exam-like conditions</b></li><li>• Receive <b>detailed, question-specific evaluations</b> based on UPSC marking parameters</li><li>• Get feedback on <b>content depth, coherence, flow, language, presentation, and relevance</b></li></ul> <p>Each evaluated essay is accompanied by <b>personalized faculty remarks</b>, highlighting strengths, areas of improvement, and specific actionable inputs. This ensures <b>continuous refinement of writing style and thought articulation</b></p>

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<b>Learning Aids and Resources</b>	<p><b>“Learning Aids and Resources” – Hard Copy &amp; Digital</b></p> <p>To support structured learning, SAARTHI IAS provides <b>high-quality learning resources in both hard copy and digital formats</b>. These include:</p> <ul style="list-style-type: none"><li>• Theme-wise essay notes and enrichment material</li><li>• Model introductions, conclusions, and frameworks</li><li>• Quotations, data points, constitutional references, and case studies</li><li>• Value addition content aligned with <b>current UPSC trends</b></li></ul> <p>These resources are <b>crisp, concise, and consolidated</b>, enabling aspirants to revise effectively and apply content seamlessly during essay writing.</p>
<b>“LIBRARY” – Personalized Learning Pods</b>	<p><b>“LIBRARY” – Personalized Learning Pods for Every Student</b></p> <p>Under the <b>LIBRARY model</b>, each aspirant is provided access to <b>Personalized Learning Pods</b>, designed to encourage:</p> <ul style="list-style-type: none"><li>• Peer learning and collaborative discussions</li><li>• Exposure to diverse perspectives and ideas</li><li>• Academic discipline and consistency</li></ul> <p>These learning pods function as <b>intellectual spaces</b> where aspirants refine their thoughts, test arguments, and build confidence in articulating complex ideas—an essential skill for high-quality essay writing.</p>

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<b>10 Theme-Based Essay Tests</b>	<p><b>10 Theme-Based Tests with Micro-Mentoring</b></p> <p>The program includes <b>10 carefully designed theme-based essay tests</b>, covering the most <b>recurrent and high-probability UPSC essay themes</b> such as governance, ethics, society, philosophy, economy, environment, science and technology, and internal security.</p> <p>Each test is followed by <b>micro-mentoring sessions</b>, where aspirants receive:</p> <ul style="list-style-type: none"><li>• One-to-one or small-group guidance</li><li>• Clarification of conceptual gaps</li><li>• Strategy inputs to improve structure, argumentation, and balance</li></ul> <p>This ensures <b>personal attention and targeted improvement</b>, rather than generic feedback.</p>
<b>My Performance Dashboard</b>	<p>The <b>My Performance Dashboard</b> is a transparent and data-driven monitoring system that tracks:</p> <ul style="list-style-type: none"><li>• Essay test scores and progress trends</li><li>• Strengths and areas requiring improvement</li><li>• Consistency and participation levels</li></ul> <p>This dashboard empowers both <b>students and parents</b> to stay informed about academic progress, ensuring accountability and sustained motivation throughout the preparation journey.</p>

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<p><b>“LET’s TALK” Academic Support Hub</b></p>	<p>The <b>LET’s TALK Academic Support Hub</b> serves as a centralized platform for:</p> <ul style="list-style-type: none"><li>• Academic counseling and guidance</li><li>• Resolution of course-related concerns</li><li>• Continuous student support and mentoring coordination</li></ul> <p>This ensures that every aspirant receives <b>timely assistance, clarity, and academic direction</b>, reinforcing SAARTHI IAS’s commitment to a <b>student-centric UPSC preparation ecosystem</b>.</p>
<p><b>“P2P” Mentorship Pods and Doubt Resolution Desk</b></p>	<p>The <b>Peer-to-Peer (P2P) Mentorship Pods</b> foster a supportive academic culture where aspirants can:</p> <ul style="list-style-type: none"><li>• Discuss essay ideas and frameworks</li><li>• Share feedback on writing styles</li><li>• Learn from peers at different stages of preparation</li></ul> <p>Additionally, the <b>Doubt Resolution Desk</b> ensures that academic queries related to essay topics, evaluation feedback, or resources are addressed promptly by mentors and faculty.</p>

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## SCHEDULE FOR EASE CLASSES

**“DAILY” CLASS OF CURRENT AFFAIRS AND DYNAMIC ASPECTS OF UPSC EXAMINATION**

Day	Focus Area	Description
Day 1	Newspaper Analysis	Subject-wise and Issue-specific breakdown of news.
Day 2	MCQ Skill Development	Practice and refinement of Multiple-Choice Question solving techniques.
Day 3	EEE (English, Editorial, Expressions)	English Comprehension and Editorial Analysis (English, Editorial, and Expressions).
Day 4	Mapping	Focus on State-wise and International places currently featured in the news.
Day 5	Essay Writing	Practice and technique development for effective Essay writing.
Day 6	Review and Planning	Strategic guidance and comprehensive review of study progress and future planning.

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## SCHEDULE FOR ESSAY TEST SERIES

<b>Test 1</b>	<b>FLEXIBLE DATE</b>	<b>ESSAY THEME -1</b>  <b>Governance, Politics and Democracy</b>  Focus: Essays on democratic values, political institutions, governance processes, federalism, rule of law, public administration, electoral reforms, political culture, corruption, transparency.  <b>PYQs include:</b> <ul style="list-style-type: none"><li>• “Whither Indian democracy?”</li><li>• “Politics without ethics is a disaster.”</li><li>• “Need for transparency in public administration.”</li><li>• Federalism and state-centre relations.</li></ul>
<b>Test 2</b>	<b>FLEXIBLE DATE</b>	<b>ESSAY THEME -2</b>  <b>Society and Social Justice</b>  Focus: Topics on social inequality, gender issues, poverty, caste, marginalization, social justice, human rights.  <b>Examples from past papers:</b> <ul style="list-style-type: none"><li>• Women’s empowerment and gender equality.</li><li>• Patriarchy as a structural inequality.</li><li>• Poverty vs social justice.</li><li>• “Greater political power alone will not improve women’s plight.”</li></ul>

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<b>Test 3</b>	<b>FLEXIBLE DATE</b>	<p><b>ESSAY THEME -3</b></p> <p><b>Economy and Development</b></p> <p>Focus: Economic growth, inclusive development, globalization, liberalisation, unemployment, rural development, agriculture and industrial policy.</p> <p><b>Representative PYQs:</b></p> <ul style="list-style-type: none"><li>• “Near jobless growth in India: an anomaly or outcome of reforms.”</li><li>• “Can capitalism bring inclusive growth?”</li><li>• “Regional imbalance in development.”</li><li>• Poverty, social justice and economic prosperity.</li></ul>
<b>Test 4</b>	<b>FLEXIBLE DATE</b>	<p><b>ESSAY THEME -4</b></p> <p><b>Environment, Ecology and Sustainability</b></p> <p>Focus: Climate change, forests and deserts, sustainable development, conservation, biodiversity, environmental justice.</p> <p><b>Past essay examples:</b></p> <ul style="list-style-type: none"><li>• “Forests precede civilisations and deserts follow them.”</li><li>• “Alternative technologies for a climate-resilient India.”</li><li>• Ecological development vs economic imperatives.</li></ul>

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<b>Test 5</b>	<b>FLEXIBLE DATE</b>	<p><b>ESSAY THEME -5</b></p> <p><b>Science, Technology and Innovation</b></p> <p>Focus: Impact of science and technology on society, ethics of AI, research culture, digital transformation, cyber issues.</p> <p><b>Examples:</b></p> <ul style="list-style-type: none"><li>• “The doubter is a true man of science.”</li><li>• “Rise of AI: threat of jobless future or new opportunities.”</li></ul>
<b>Test 6</b>	<b>FLEXIBLE DATE</b>	<p><b>ESSAY THEME -6</b></p> <p><b>Ethics, Values and Philosophy</b></p> <p>Focus: Abstract, proverb- or quote-based topics that probe values, morality, human purpose, and philosophical reasoning.</p> <p><b>Recurring topics (abstract or values based):</b></p> <ul style="list-style-type: none"><li>• “Wisdom finds truth.”</li><li>• “Life is a journey between being human and being humane.”</li><li>• “Simplicity is the ultimate sophistication.”</li></ul> <p>Many others based on quotes or metaphorical statements.</p>

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<b>Test 7</b>	<b>FLEXIBLE DATE</b>	<p><b>ESSAY THEME -7</b></p> <p><b>Culture, Identity and Civilizational Issues</b></p> <p>Focus: Cultural heritage, pluralism, identity, civilization vs culture, philosophy of life, role of history and traditions.</p> <p><b>Representative topics:</b></p> <ul style="list-style-type: none"><li>• “Culture is what we are; civilization is what we have.”</li><li>• “The world of the twenty-first century.”</li><li>• “Modernisation and Westernisation...”</li></ul>
<b>Test 8</b>	<b>FLEXIBLE DATE</b>	<p><b>ESSAY THEME -8</b></p> <p><b>Human Development, Education and Knowledge Systems</b></p> <p>Focus: Education policy, knowledge economy, creativity, learning, public health, skills development, human capital.</p> <p><b>Examples:</b></p> <ul style="list-style-type: none"><li>• “Destiny of a nation is shaped in its classrooms.”</li><li>• Essays on knowledge systems, research, innovation culture.</li></ul>

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<b>Test 9</b>	<b>FLEXIBLE DATE</b>	<b>ESSAY THEME -9</b> <b>Global Affairs and International Relations</b>  Focus: India's role in a changing world, global order, geopolitics, diplomacy, globalization versus localization. <b>Past YOEs:</b> <ul style="list-style-type: none"><li>• NAM's relevance in a multipolar world.</li><li>• India's vision of world order.</li><li>• Globalization's impact on culture.</li></ul>
<b>Test 10</b>	<b>FLEXIBLE DATE</b>	<b>ESSAY THEME -10</b> <b>Leadership, Character, Governance Ethics</b>  Focus: Leadership qualities, public service ethos, ethical governance, integrity and accountability. <b>Essay examples and themes include:</b> <ul style="list-style-type: none"><li>• "Character of an institution is reflected in its leader."</li><li>• "Nearly all men can stand adversity ... to test character, give him power."</li><li>• Human values linked with ethical leadership.</li></ul>

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