



SAARTHI IAS

Saath to success

PSIR MAARG

**The Ultimate 6-Month Micro-Schedule
& Mastery Blueprint**

180 Days. • 24 Weeks. • Complete Syllabus Consolidation.

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The Architecture of Mastery: How the Maarg Works

Months 1-3: Paper I Foundations (Political Theory & Indian Politics) | Months 4-6: Paper II Dynamics (Comparative Politics & IR Theory)

The Revision Engine

Step 1: Core Topic & Micro-Targeting
(The dally conceptual anchor)



Step 2: DPP (Daily Practice Problem)
(Immediate subjective output to crystallize learning)



Step 3: Cumulative Recall
(Day 1-N continuous overlapping revision)



Step 4: The Weekly Summit
(Full consolidation and comparative analysis)



The Architecture of Mastery

PAPER I

PAPER II



Month 1:
Political Theory
Foundations
(Weeks 1-4)



Month 2:
Ideologies & Western
Political Thought
(Weeks 5-8)



Month 3:
Indian Politics
& Institutions
(Weeks 9-12)



Month 4:
Comparative Politics
& Global Economy
(Weeks 13-16)



Month 5:
IR Theory &
Cold War Politics
(Weeks 17-20)



Month 6:
Indian Foreign Policy
& Global Issues
(Weeks 21-24 + Consolidation)



Month 1 | Political Theory & The State (Weeks 1-2)

Day 1: Political Theory	Meaning, nature, scope	DPP: Define & discuss relevance	Rev: Prev. notes	Day 8: Theories of State	Meaning, evolution	DPP: Explain origin of state	Rev: Day 1-7
Day 2: Approaches	Normative vs empirical	DPP: Explain normative	Rev: Day 1	Day 9: Liberal State	Classical liberal theory	DPP: Discuss liberal state	Rev: Day 8
Day 3: Approaches	Traditional approach	DPP: Discuss traditional	Rev: Day 1-2	Day 10: Neo Liberal	Minimal, market state	DPP: Neo liberal critique	Rev: Day 8-9
Day 4: Approaches	Behavioralism	DPP: Explain behavioral revolution	Rev: Day 1-3	Day 11: Marxist State	Instrumentalist theory	DPP: Explain Marxist state	Rev: Day 8-10
Day 5: Approaches	Post behavioralism	DPP: Post behavioral critique	Rev: Day 1-4	Day 12: Marxist State	Structuralist theory	DPP: Discuss relative autonomy	Rev: Day 8-11
Day 6: Approaches	Contemporary approaches	DPP: Discuss contemporary relevance	Rev: Week review	Day 13: Pluralist State	Pluralist perspective	DPP: Explain pluralist state	Rev: Week revision
Day 7: Revision	Political theory approaches	DPP: 15 marker on approaches	Rev: Full revision	Day 14: Post	State critique	DPP: Feminist critique of	Rev: Full revision

Month 1 | Justice, Rights & Democracy (Weeks 3-4)



- Day 15: Justice**
Meaning and evolution
DPP: Discuss concept of justice
Rev: Day 1-14
- Day 16: Rawls**
Original position
DPP: Explain original position
Rev: Day 15
- Day 17: Rawls**
Difference principle
DPP: Discuss Rawls justice
Rev: Day 15-16
- Day 18: Communitarian**
Sandel, MacIntyre
DPP: Critique Rawls theory
Rev: Day 15-17
- Day 19: Equality**
Meaning and types
DPP: Explain equality
Rev: Day 15-18
- Day 20: Equality**
Equality vs freedom
DPP: Discuss relation
Rev: Week review
- Day 21: Affirmative Act.**
Reservations debate
DPP: Affirmative action debate
Rev: Full revision

- Day 22: Rights**
Meaning, theories
DPP: Explain natural rights
Rev: Day 1-21
- Day 23: Rights**
Legal vs moral rights
DPP: Discuss theories of rights
Rev: Day 22
- Day 24: Human Rights**
Evolution
DPP: Explain human rights
Rev: Day 22-23
- Day 25: Democracy**
Meaning, origins
DPP: Explain classical democracy
Rev: Day 1-24
- Day 26: Democracy**
Representative
DPP: Discuss representative
Rev: Day 25
- Day 27: Democracy**
Participatory
DPP: Participatory model
Rev: Week review
- Day 28: Democracy**
Deliberative
DPP: Explain deliberative
Rev: Full revision
- Day 29: Power**
Concept of power
DPP: Define power
Rev: Day 1-28
- Day 30: Power**
Authority, legitimacy
DPP: Explain legitimacy
Rev: Full revision

Month 2 | Ideologies & Western Political Thought (Weeks 5-6)

Day 31: Ideology

Meaning, role
DPP: Explain ideology
Rev: Day 1-30

Day 32: Liberalism

Core principles
DPP: Discuss liberalism
Rev: Day 31

Day 33: Liberalism

Modern liberalism
DPP: Explain welfare liberalism
Rev: Day 31-32

Day 34: Socialism

Democratic socialism
DPP: Discuss socialism
Rev: Day 31-33

Day 35: Marxism

Historical materialism
DPP: Explain Marxism
Rev: Day 31-34

Day 36: Fascism

Authoritarian ideology
DPP: Discuss fascism
Rev: Week review

Day 37: Feminism

Waves of feminism
DPP: Explain feminist ideology
Rev: Full revision

Day 38: Gandhism

Sarvodaya, Swaraj
DPP: Explain Gandhian ideology
Rev: Day 31-37

Day 39: Plato

Context, Republic
DPP: Discuss Plato justice
Rev: Day 38

Day 40: Plato

Philosopher king
DPP: Explain philosopher king
Rev: Day 39

Day 41: Plato

Education, ideal state
DPP: Critically evaluate Plato
Rev: Day 39-40

Day 42: Aristotle

State theory
DPP: Explain Aristotle politics
Rev: Day 39-41

Day 43: Aristotle

Constitutions
DPP: Discuss Aristotle constitution
Rev: Week review

Day 44: Revision

Plato + Aristotle
DPP: Compare Plato Aristotle
Rev: Full revision

Month 2 | Contract Theorists & Indian Thought Intro (Weeks 7-8)

Day 45: Machiavelli	Political realism	DPP: Discuss Machiavelli Rev: Day 38-44
Day 46: Hobbes	Social contract	DPP: Explain Hobbes contract Rev: Day 45
Day 47: Hobbes	Absolute sovereignty	DPP: Critique Hobbes Rev: Day 45-46
Day 48: Locke	Natural rights	DPP: Explain Locke Rev: Day 45-47
Day 49: Locke	Limited government	DPP: Compare Hobbes Locke Rev: Day 45-48
Day 50: Mill	Liberty principle	DPP: Explain Mill liberty Rev: Week review
Day 51: Revision	Thinker comparison	DPP: Contract theorists Rev: Full revision

Day 52: Marx	Historical materialism	DPP: Explain Marx theory Rev: Day 45-51
Day 53: Marx	Class struggle	DPP: Discuss Marx state Rev: Day 52
Day 54: Gramsci	Hegemony	DPP: Explain hegemony Rev: Day 52-53
Day 55: H. Arendt	Power vs violence	DPP: Discuss Arendt power Rev: Day 52-54
Day 56: Revision	Western thinkers	DPP: Comparative analysis Rev: Week review
Day 57: Indian Thought	Traditions	DPP: Discuss Indian traditions Rev: Day 1-56
Day 58: Dharmashastra	State and dharma	DPP: Explain dharmashastra Rev: Day 57
Day 59: Arthashastra	Kautilya state	DPP: Explain Arthashastra Rev: Day 57-58
Day 60: Buddhist Trad.	Political ethics	DPP: Discuss Buddhist politics Rev: Full revision



Month 3 | Indian Political Thinkers & Freedom Struggle (Weeks 9-10)



- Day 61: Sir Syed
- Day 62: Aurobindo
- Day 63: Gandhi
- Day 64: Gandhi
- Day 65: Ambedkar
- Day 66: Ambedkar
- Day 67: M.N. Roy

Modernism
DPP: Explain Sir Syed
Rev: Day 1-60

Spiritual nationalism
DPP: Discuss Aurobindo
Rev: Day 61

Swaraj
DPP: Explain Gandhian politics
Rev: Day 62

Trusteeship
DPP: Discuss trusteeship
Rev: Day 62-63

Caste critique
DPP: Explain Ambedkar
Rev: Day 63-64

Constitutionalism
DPP: Discuss Ambedkar democracy
Rev: Week review

Radical humanism
DPP: Explain Roy
Rev: Full revision



- Day 68: Freedom Struggle
- Day 69: Mass Movements
- Day 70: Civil Disob.
- Day 71: Revolutionary
- Day 72: Peasant/Workers
- Day 73: Perspectives
- Day 74: Dalit Perspective

Political strategies
DPP: Discuss constitutionalism
Rev: Day 61-67

Non cooperation
DPP: Explain mass politics
Rev: Day 68

Gandhi movements
DPP: Discuss civil disobedience
Rev: Day 68-69

Bhagat Singh etc.
DPP: Evaluate revolutionary politics
Rev: Day 68-70

Kisan sabhas
DPP: Discuss peasant politics
Rev: Week review

Liberal, socialist, Marxist
DPP: Explain interpretations
Rev: Day 68-72

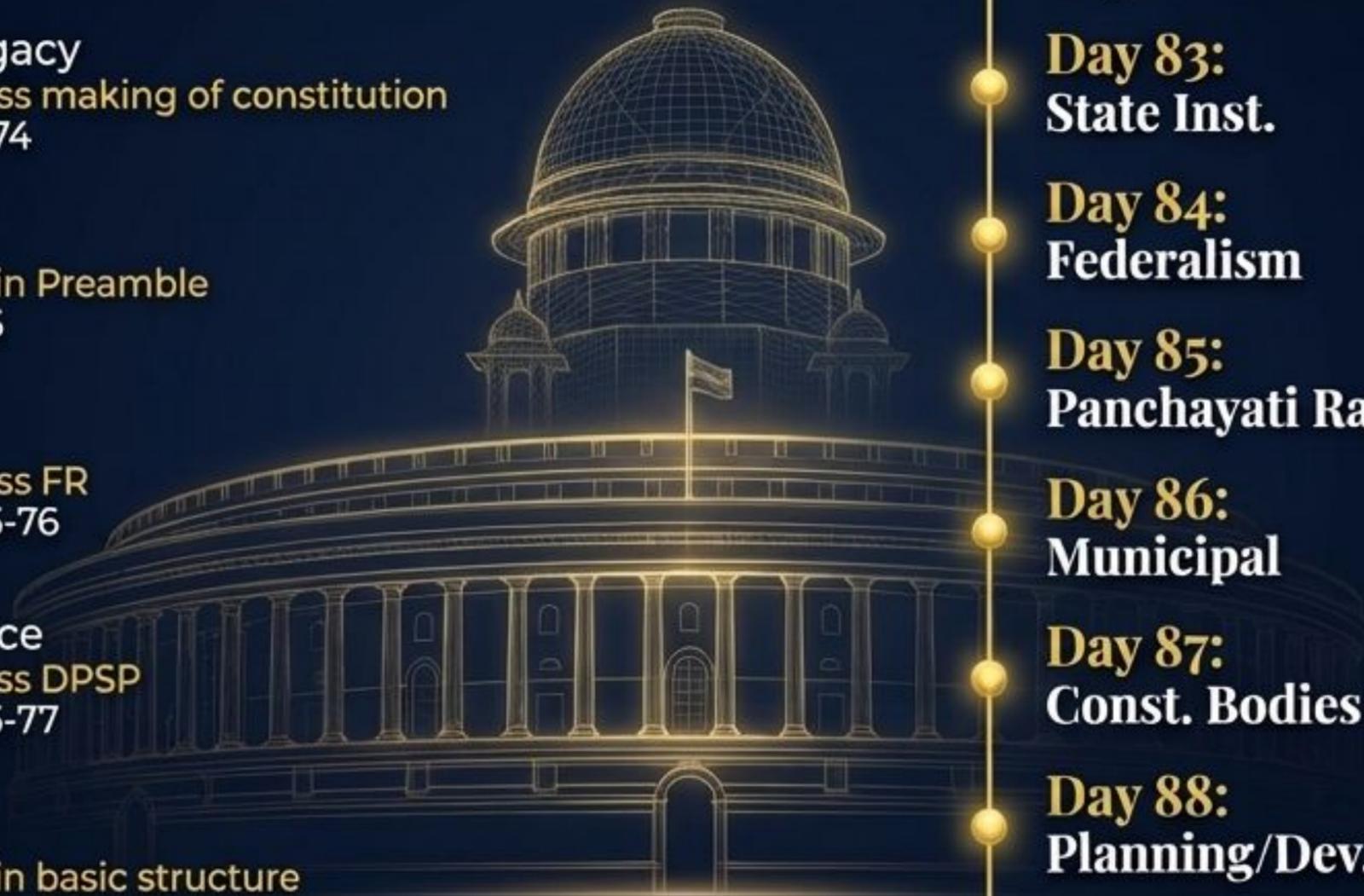
Ambedkarite interpretation
DPP: Critically analyze
Rev: Full revision

Month 3 | Constitution & Indian Institutions (Weeks 11-12)



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Day 75: Const. Making

British legacy
DPP: Discuss making of constitution
Rev: Day 1-74

Day 76: Preamble

Values
DPP: Explain Preamble
Rev: Day 75

Day 77: Fund. Rights

Nature
DPP: Discuss FR
Rev: Day 75-76

Day 78: DPSP

Importance
DPP: Discuss DPSP
Rev: Day 75-77

Day 79: Basic Structure

Doctrine
DPP: Explain basic structure
Rev: Week review

Day 80: Parliamentary

Executive
DPP: Explain parliamentary system
Rev: Full revision

Day 81: Union Inst.

President, Parliament
DPP: Discuss Parliament
Rev: Day 1-80

Day 82: Supreme Court

Judicial review
DPP: Explain SC
Rev: Day 81

Day 83: State Inst.

Governor, HC
DPP: Discuss state institutions
Rev: Day 81-82

Day 84: Federalism

Center state relations
DPP: Explain Indian federalism
Rev: Day 81-83

Day 85: Panchayati Raj

73rd amendment
DPP: Discuss grassroots democracy
Rev: Week review

Day 86: Municipal

74th amendment
DPP: Explain local governance
Rev: Day 81-85

Day 87: Const. Bodies

EC, CAG, UPSC
DPP: Discuss constitutional bodies
Rev: Full revision

Day 88: Planning/Dev.

Nehruv-ian vs Gandhian
DPP: Explain planning
Rev: Day 1-87

Day 89: Party System

Coalition politics
DPP: Discuss party system
Rev: Day 88

Day 90: Social Movements

Civil lib., women, env.
DPP: Discuss social movements
Rev: Full revision

Month 4 | Comparative Politics & Political Economy (Weeks 13-14)



Day 1: Comp. Politics	Meaning, evolution, scope DPP: Define comparative politics Rev: —	Day 8: Political Economy	Meaning, importance DPP: Explain political economy Rev: Day 1-7
Day 2: Comp. Politics	Traditional vs modern DPP: Explain behavioral rev. Rev: Day 1	Day 9: Political Sociology	Social structures DPP: Discuss political sociology Rev: Day 8
Day 3: Approaches	Institutional DPP: Discuss institutionalism Rev: Day 1-2	Day 10: State Theory	Capitalist economies DPP: Explain capitalist state Rev: Day 8-9
Day 4: Approaches	Structural functional DPP: Explain structural functionalism Rev: Day 1-3	Day 11: State Theory	Socialist economies DPP: Discuss socialist state Rev: Day 8-10
Day 5: Approaches	Political culture DPP: Discuss political culture theory Rev: Day 1-4	Day 12: State Theory	Advanced industrial DPP: Explain advanced state Rev: Day 8-11
Day 6: Comp. Method	Advantages, limitations DPP: Explain limitations Rev: Week review	Day 13: State Theory	Developing societies DPP: Discuss state in developing world Rev: Week review
Day 7: Revision	Comp. politics theories DPP: Write 15 marker on approaches Rev: Full revision	Day 14: Revision	Comparative state structures DPP: Comparative analysis Rev: Full revision

Month 4 | Representation, Participation & Globalization (Weeks 15-16)

Day 15: Representation

Concept, theories
DPP: Explain political representation
Rev: Day 1-14

Day 16: Political Parties

Developed societies
DPP: Discuss party systems
Rev: Day 15

Day 17: Political Parties

Developing societies
DPP: Explain party structures
Rev: Day 15-16

Day 18: Pressure Groups

Advanced societies
DPP: Discuss pressure groups
Rev: Day 15-17

Day 19: Pressure Groups

Developing countries
DPP: Explain lobbying
Rev: Day 15-18

Day 20: Social Movements

New social movements
DPP: Discuss social movements
Rev: Week review

Day 21: Revision

Participation/Rep.
DPP: Comparative evaluation
Rev: Full revision



Day 22: Globalization

Meaning, evolution
DPP: Explain globalization
Rev: Day 1-21

Day 23: Globalization

Economic globalization
DPP: Discuss economic impact
Rev: Day 22

Day 24: Globalization

Political globalization
DPP: Explain governance changes
Rev: Day 22-23

Day 25: Globalization

Cultural globalization
DPP: Discuss cultural effects
Rev: Day 22-24

Day 26: Dev. Countries

Western responses
DPP: Explain developed response
Rev: Day 22-25

Day 27: Developing

Third world perspective
DPP: Discuss developing responses
Rev: Week review

Day 28: Revision

Globalization debate
DPP: Critically evaluate globalization
Rev: Full revision

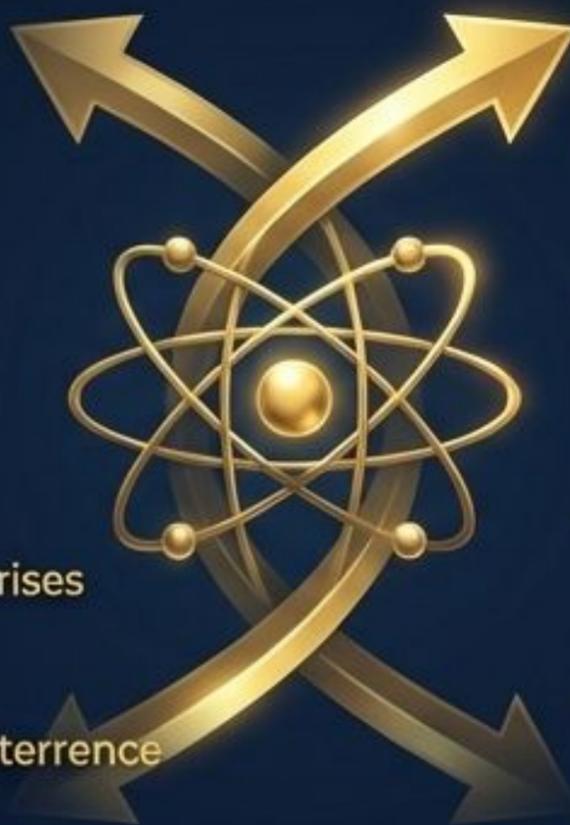
Month 5 | IR Approaches & Key Concepts (Weeks 17-18)

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- **Day 29: IR Study** Nature of IR
DPP: Explain IR discipline **Rev:** Day 1-28
 - **Day 30: Idealism** Core assumptions
DPP: Discuss idealist theory **Rev:** Day 29
 - **Day 31: Realism** Classical realism
DPP: Explain realism **Rev:** Day 29-30
 - **Day 32: Neo realism** Structural realism
DPP: Discuss neo realism **Rev:** Day 29-31
 - **Day 33: Marxist IR** Dependency theory
DPP: Explain Marxist IR **Rev:** Day 29-32
 - **Day 34: Functionalism** Int. cooperation
DPP: Discuss functionalism **Rev:** Week review
 - **Day 35: Systems theory** Kaplan system theory
DPP: Explain systems theory **Rev:** Full revision
 - **Day 36: National Interest** Concept, types
DPP: Explain national interest **Rev:** Day 29-35
 - **Day 37: Power** Hard vs soft power
DPP: Discuss power in IR **Rev:** Day 36
 - **Day 38: Security** Traditional vs human
DPP: Explain security concept **Rev:** Day 36-37
 - **Day 39: Balance of Power** Mechanisms
DPP: Discuss balance of power **Rev:** Day 36-38
 - **Day 40: Deterrence** Nuclear deterrence
DPP: Explain deterrence theory **Rev:** Day 36-39
 - **Day 41: Collective Sec.** League to UN
DPP: Discuss collective security **Rev:** Week review
 - **Day 42: Transnational Act.** MNCs NGOs
DPP: Explain transnational actors **Rev:** Full revision

Month 5 | Cold War Politics & Int. Economic System (Weeks 19-20)

Week 19

Day 43:	Superpowers USA and USSR DPP: Explain superpower politics Rev: Day 1-42
Day 44:	Bipolarity Ideological rivalry DPP: Discuss bipolarity Rev: Day 43
Day 45: Arms Race	Nuclear arms race DPP: Explain arms race Rev: Day 43-44
Day 46:	Cold War Crisis Cuban missile crisis DPP: Discuss cold war crises Rev: Day 43-45
Day 47: Nuclear Threat	MAD doctrine DPP: Explain nuclear deterrence Rev: Day 43-46
Day 48: NAM	NAM Origins DPP: Discuss Non-Aligned Movement Rev: Week review
Day 49: NAM Achievement	Success, limits DPP: Evaluate NAM Rev: Full revision



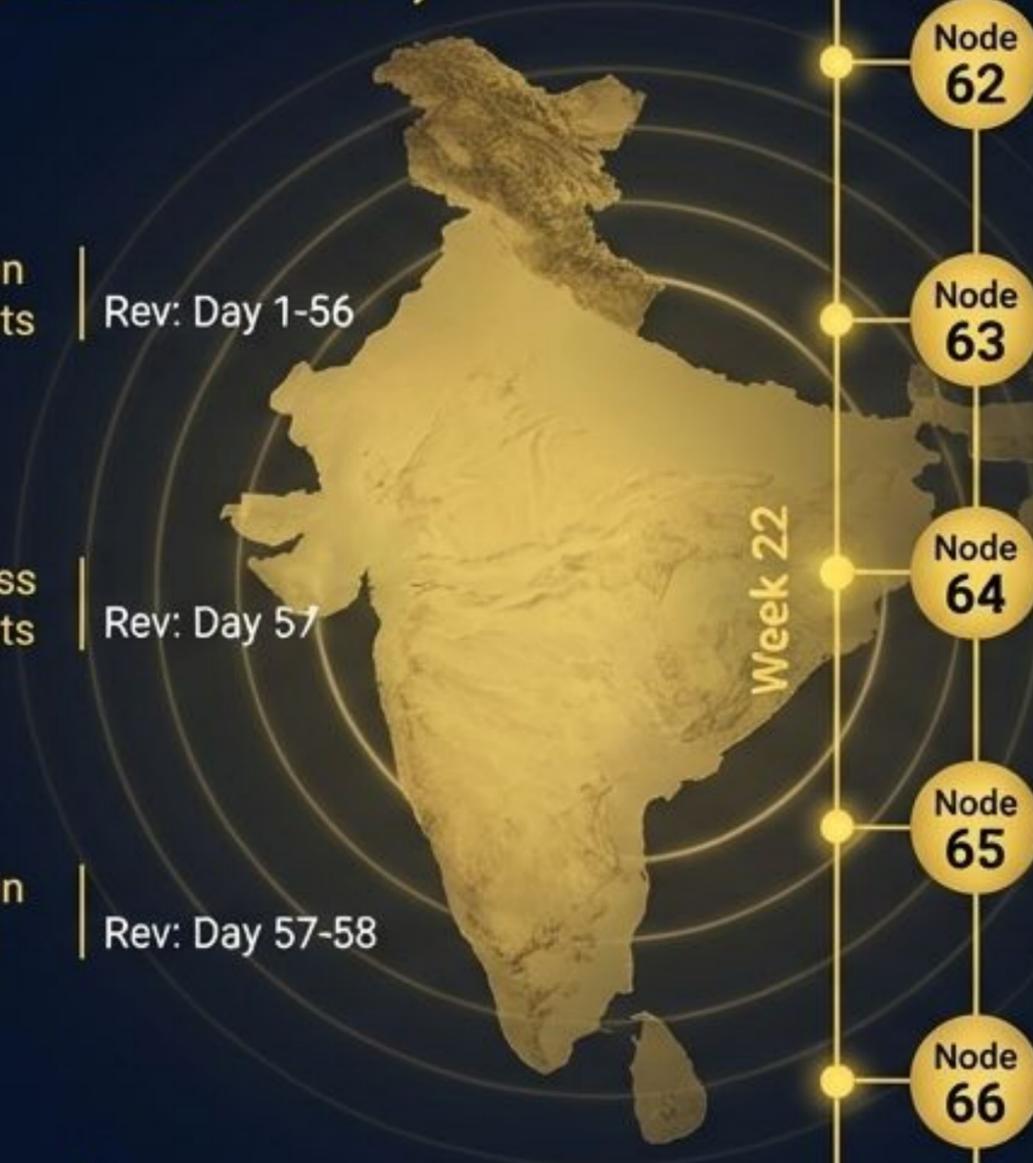
Week 20

Day 50:	Bretton Woods IMF World Bank DPP: Explain Bretton Woods Rev: Day 1-49
Day 51:	GATT Trade liberalisation DPP: Discuss GATT Rev: Day 50
Day 52: WTO	Global trade governance DPP: Explain WTO Rev: Day 50-51
Day 53: CMEA	Socialist cooperation DPP: Discuss CMEA Rev: Day 50-52
Day 54: NIEO	Third world demand DPP: Explain NIEO Rev: Day 50-53
Day 55: Global Economy	Economic globalisation DPP: Discuss global economy Rev: Week review
Day 56: Revision	Economic institutions DPP: Comparative analysis Rev: Full revision

Month 6 | Indian Foreign Policy & South Asia (Weeks 21-22)

Week 21

Node 57	Day 57: Foreign Policy Meaning, evolution	DPP: Explain determinants	Rev: Day 1-56
Node 58	Day 58: Determinants Geo, economy, security	DPP: Discuss determinants	Rev: Day 57
Node 59	Day 59: Policy Inst. MEA, PMO, Parliament	DPP: Explain institutions	Rev: Day 57-58
Node 60	Day 60: Cont./Change Foreign policy shifts	DPP: Discuss continuity	Rev: Full revision



Week 22

Node 61	Day 61: NAM Role India leadership	DPP: Explain India role	Rev: Day 1-60
Node 62	Day 62: SAARC Origin, performance	DPP: Discuss SAARC	Rev: Day 61
Node 63	Day 63: SAFTA Regional trade	DPP: Explain SAFTA	Rev: Day 61-62
Node 64	Day 64: Look East Act East policy	DPP: Discuss Look East	Rev: Day 61-63
Node 65	Day 65: Regional Issues Migration, conflicts	DPP: Explain regional issues	Rev: Week review
Node 66	Day 66: Water Disputes India Bangladesh	DPP: Discuss water disputes	Rev: Day 61-65
Node 67	Day 67: Border Disputes India, Pak, China	DPP: Explain border disputes	Rev: Full revision

Month 6 | Global Powers & Global Issues (Weeks 23-24)

Day 68:
India-Africa | South-South
coop | DPP: Explain India Africa relations
Rev: Day 1-67

Day 69:
India-LatAm | Economic
diplomacy | DPP: Discuss relations
Rev: Day 68

Day 70:
India-USA | Strategic
partnership | DPP: Explain India US relations
Rev: Day 68-69

Day 71:
India-EU | Trade
diplomacy | DPP: Discuss EU relations
Rev: Day 68-70

Day 72:
India-China | Strategic
rivalry | DPP: Explain India China
relations
Rev: Week review

Day 73:
India-Russia | Defense
partnership | DPP: Discuss India Russia
Rev: Day 68-72

Day 74:
India-Japan | Indo Pacific
| DPP: Explain India Japan
Rev: Full revision

Day 75:
India-UN | Peacekeeping
role | DPP: Explain UN role
Rev: Day 1-74

Day 76:
UNSC Reform | Permanent
seat debate | DPP: Discuss UNSC reform
Rev: Day 75

Day 77:
Nuclear Policy | India nuclear
doctrine | DPP: Explain nuclear policy
Rev: Day 75-76

Day 78:
Afghanistan | India
position | DPP: Discuss Afghanistan
policy
Rev: Day 75-77

Day 79:
West Asia | Energy
geopolitics | DPP: Explain West Asia policy
Rev: Week review

Day 80:
India-Israel | Strategic
relations | DPP: Discuss India Israel
Rev: Day 75-79

Day 81:
New World Order | India vision
| DPP: Explain India world
vision
Rev: Full revision



The Capstone Consolidation

Days 82-90: The Final Synthesis before Mastery

