

UPSC Gurukul – ESSAY Program

“EASE”

Enhance & Augment Scores in Essay

- For candidates requiring specialized mentoring assistance and supervision in general studies after clearing the prelims exam.
- **10 STIMULATOR ESSAY TESTS**
- **“REGULAR”** Discussion, **“DETAILED”** Analysis and **“PERSONALIZED”** Evaluation.
- Personalized weekly **“P2P” mentoring sessions** with the faculty after the test.
- Topic wise hand holding and assistance in understanding, in depth analysis and notes making **“MICRO MENTORING”**
- Limiting the learning paradigm to examination needs– **EXAMABLE APPROACH.**
- Personalized rescheduling of the test available- **“FLEXIBILITY”.**

SCHEDULE FOR ESSAY TEST SERIES

<p>Test 1</p>	<p>FLEXIBLE DATE</p>	<p style="text-align: center;">ESSAY THEME -1</p> <p>Governance, Politics and Democracy</p> <p>Focus: Essays on democratic values, political institutions, governance processes, federalism, rule of law, public administration, electoral reforms, political culture, corruption, transparency.</p> <p>PYQs include:</p> <ul style="list-style-type: none">• “Whither Indian democracy?”• “Politics without ethics is a disaster.”• “Need for transparency in public administration.”• Federalism and state-centre relations.
<p>Test 2</p>	<p>FLEXIBLE DATE</p>	<p style="text-align: center;">ESSAY THEME -2</p> <p style="text-align: center;">Society and Social Justice</p> <p>Focus: Topics on social inequality, gender issues, poverty, caste, marginalization, social justice, human rights.</p> <p>Examples from past papers:</p> <ul style="list-style-type: none">• Women’s empowerment and gender equality.• Patriarchy as a structural inequality.• Poverty vs social justice.• “Greater political power alone will not improve women’s plight.”

<p>Test 3</p>	<p>FLEXIBLE DATE</p>	<p style="text-align: center;">ESSAY THEME -3 Economy and Development</p> <p>Focus: Economic growth, inclusive development, globalization, liberalisation, unemployment, rural development, agriculture and industrial policy.</p> <p>Representative PYQs:</p> <ul style="list-style-type: none"> • “Near jobless growth in India: an anomaly or outcome of reforms.” • “Can capitalism bring inclusive growth?” • “Regional imbalance in development.” • Poverty, social justice and economic prosperity.
<p>Test 4</p>	<p>FLEXIBLE DATE</p>	<p style="text-align: center;">ESSAY THEME -4 Environment, Ecology and Sustainability</p> <p>Focus: Climate change, forests and deserts, sustainable development, conservation, biodiversity, environmental justice.</p> <p>Past essay examples:</p> <ul style="list-style-type: none"> • “Forests precede civilisations and deserts follow them.” • “Alternative technologies for a climate-resilient India.” • Ecological development vs economic imperatives.

<p>Test 5</p>	<p>FLEXIBLE DATE</p>	<p style="text-align: center;">ESSAY THEME -5</p> <p style="text-align: center;">Science, Technology and Innovation</p> <p>Focus: Impact of science and technology on society, ethics of AI, research culture, digital transformation, cyber issues.</p> <p>Examples:</p> <ul style="list-style-type: none"> • “The doubter is a true man of science.” • “Rise of AI: threat of jobless future or new opportunities.”
<p>Test 6</p>	<p>FLEXIBLE DATE</p>	<p style="text-align: center;">ESSAY THEME -6</p> <p style="text-align: center;">Ethics, Values and Philosophy</p> <p>Focus: Abstract, proverb- or quote-based topics that probe values, morality, human purpose, and philosophical reasoning.</p> <p>Recurring topics (abstract or values based):</p> <ul style="list-style-type: none"> • “Wisdom finds truth.” • “Life is a journey between being human and being humane.” • “Simplicity is the ultimate sophistication.” <p>Many others based on quotes or metaphorical statements.</p>

<p>Test 7</p>	<p>FLEXIBLE DATE</p>	<p style="text-align: center;">ESSAY THEME -7</p> <p style="text-align: center;">Culture, Identity and Civilizational Issues</p> <p>Focus: Cultural heritage, pluralism, identity, civilization vs culture, philosophy of life, role of history and traditions.</p> <p>Representative topics:</p> <ul style="list-style-type: none">• "Culture is what we are; civilization is what we have."• "The world of the twenty-first century."• "Modernisation and Westernisation..."
<p>Test 8</p>	<p>FLEXIBLE DATE</p>	<p style="text-align: center;">ESSAY THEME -8</p> <p style="text-align: center;">Human Development, Education and Knowledge Systems</p> <p>Focus: Education policy, knowledge economy, creativity, learning, public health, skills development, human capital.</p> <p>Examples:</p> <ul style="list-style-type: none">• "Destiny of a nation is shaped in its classrooms."• Essays on knowledge systems, research, innovation culture.

<p>Test 9</p>	<p>FLEXIBLE DATE</p>	<p style="text-align: center;">ESSAY THEME -9</p> <p style="text-align: center;">Global Affairs and International Relations</p> <p>Focus: India's role in a changing world, global order, geopolitics, diplomacy, globalization versus localization.</p> <p>Past YOEs:</p> <ul style="list-style-type: none">• NAM's relevance in a multipolar world.• India's vision of world order.• Globalization's impact on culture.
<p>Test 10</p>	<p>FLEXIBLE DATE</p>	<p style="text-align: center;">ESSAY THEME -10</p> <p style="text-align: center;">Leadership, Character, Governance Ethics</p> <p>Focus: Leadership qualities, public service ethos, ethical governance, integrity and accountability.</p> <p>Essay examples and themes include:</p> <ul style="list-style-type: none">• "Character of an institution is reflected in its leader."• "Nearly all men can stand adversity ... to test character, give him power."• Human values linked with ethical leadership.

Day	Focus Area	Description
Day 1	Current Affairs – Economy	Economy-specific and miscellaneous issues covering newspapers, editorials, and MCQs
Day 2	Current Affairs – Polity	Polity-specific and miscellaneous issues covering newspapers, editorials, and MCQs
Day 3	Current Affairs – Science & Technology	Science & Technology-specific and related issues covering newspapers, editorials, and MCQs
Day 4	Current Affairs – Environment	Environment-specific and related issues covering newspapers, editorials, and MCQs
Day 5	International Relations	International relations-specific and related issues covering newspapers, editorials, and MCQs
Day 6	1:1 Doubt Resolution & Weekly Test	One-to-one mentorship and doubt resolution along with weekly tests

<p>Essay Enrichment Workshops</p>	<p>Essay Enrichment Workshops</p> <p>The Essay Enrichment Workshops are specially curated academic sessions aimed at strengthening the foundational understanding of essay writing as demanded by UPSC. These workshops focus on:</p> <ul style="list-style-type: none">• Understanding the philosophical, ethical, socio-economic, political, and interdisciplinary dimensions of essay topics• Developing the ability to decode essay themes, identify core demands, and avoid common pitfalls• Structuring essays with a strong introduction, multi-dimensional body, and a forward-looking conclusion• Incorporating thinkers, constitutional values, current affairs, examples, case studies, and Indian context <p>These workshops act as a conceptual backbone for aspirants, ensuring that essay writing moves beyond superficial content and reflects intellectual maturity and originality.</p>
<p>“Mains Studio”</p>	<p>“Mains Studio” – Essay Writing and Evaluation</p> <p>The Mains Studio is a dedicated academic ecosystem that simulates the real UPSC Mains examination environment. Under this module, aspirants:</p> <ul style="list-style-type: none">• Write essays in time-bound, exam-like conditions• Receive detailed, question-specific evaluations based on UPSC marking parameters• Get feedback on content depth, coherence, flow, language, presentation, and relevance <p>Each evaluated essay is accompanied by personalized faculty remarks, highlighting strengths, areas of improvement, and specific actionable inputs. This ensures continuous refinement of writing style and thought articulation</p>

<p>Learning Aids and Resources</p>	<p>“Learning Aids and Resources” – Hard Copy & Digital</p> <p>To support structured learning, SAARTHI IAS provides high-quality learning resources in both hard copy and digital formats. These include:</p> <ul style="list-style-type: none">• Theme-wise essay notes and enrichment material• Model introductions, conclusions, and frameworks• Quotations, data points, constitutional references, and case studies• Value addition content aligned with current UPSC trends <p>These resources are crisp, concise, and consolidated, enabling aspirants to revise effectively and apply content seamlessly during essay writing.</p>
<p>“LIBRARY” – Personalized Learning Pods</p>	<p>“LIBRARY” – Personalized Learning Pods for Every Student</p> <p>Under the LIBRARY model, each aspirant is provided access to Personalized Learning Pods, designed to encourage:</p> <ul style="list-style-type: none">• Peer learning and collaborative discussions• Exposure to diverse perspectives and ideas• Academic discipline and consistency <p>These learning pods function as intellectual spaces where aspirants refine their thoughts, test arguments, and build confidence in articulating complex ideas—an essential skill for high-quality essay writing.</p>

<p>10 Theme-Based Essay Tests</p>	<p>10 Theme-Based Tests with Micro-Mentoring</p> <p>The program includes 10 carefully designed theme-based essay tests, covering the most recurrent and high-probability UPSC essay themes such as governance, ethics, society, philosophy, economy, environment, science and technology, and internal security.</p> <p>Each test is followed by micro-mentoring sessions, where aspirants receive:</p> <ul style="list-style-type: none">• One-to-one or small-group guidance• Clarification of conceptual gaps• Strategy inputs to improve structure, argumentation, and balance <p>This ensures personal attention and targeted improvement, rather than generic feedback.</p>
<p>My Performance Dashboard</p>	<p>The My Performance Dashboard is a transparent and data-driven monitoring system that tracks:</p> <ul style="list-style-type: none">• Essay test scores and progress trends• Strengths and areas requiring improvement• Consistency and participation levels <p>This dashboard empowers both students and parents to stay informed about academic progress, ensuring accountability and sustained motivation throughout the preparation journey.</p>

<p>“LET’s TALK” Academic Support Hub</p>	<p>The LET’s TALK Academic Support Hub serves as a centralized platform for:</p> <ul style="list-style-type: none">• Academic counseling and guidance• Resolution of course-related concerns• Continuous student support and mentoring coordination <p>This ensures that every aspirant receives timely assistance, clarity, and academic direction, reinforcing SAARTHI IAS’s commitment to a student-centric UPSC preparation ecosystem.</p>
<p>“P2P” Mentorship Pods and Doubt Resolution Desk</p>	<p>The P2P Mentorship Pods foster a supportive academic culture where aspirants can:</p> <ul style="list-style-type: none">• Discuss essay ideas and frameworks• Share feedback on writing styles• Learn from peers at different stages of preparation <p>Additionally, the Doubt Resolution Desk ensures that academic queries related to essay topics, evaluation feedback, or resources are addressed promptly by mentors and faculty.</p>