

# MENTORSHIP PROGRAM

## SOCIOLOGY OPTIONAL – PAPER I

### MONTH 1 – FOUNDATIONS OF SOCIOLOGY

- **Sociology discipline**
- **Sociology as science**
- **Research methods**
- **Early theoretical foundations**

### WEEK 1 – EMERGENCE OF SOCIOLOGY

Day	Topic	Micro Topics	DPP (Answer Writing)	Revision
1	Emergence of Sociology	Modernity in Europe; Industrial Revolution	Explain emergence of sociology.	—
2	Emergence of Sociology	French Revolution; Enlightenment	Discuss intellectual background.	Day1
3	Scope of Sociology	Nature and scope	Define scope of sociology.	Day1–2
4	Comparison	Sociology vs Political Science vs Ors	Compare sociology with political science.	Day1–3
5	Comparison	Sociology vs Economics and Anthropology vs Ors	Discuss sociology vs economics.	Day1–4
6	Sociology & Common Sense	Common sense vs sociological perspective	Explain sociology vs common sense.	Week review
7	Revision	Entire unit revision	Write 20 marker on emergence of sociology.	Full revision

**WEEK 2 – SOCIOLOGY AS SCIENCE**

Day	Topic	Micro Topics	DPP	Revision
8	Science in Sociology	Meaning of science	Explain sociology as science.	Day1–7
9	Scientific Method	Observation hypothesis theory	Discuss scientific method.	Day8
10	Methodology	Major methodological strands	Explain methodology.	Day8–9
11	Positivism	Comte's positivism	Discuss positivism.	Day8–10
12	Critique of Positivism	Interpretivism	Critically evaluate positivism.	Day8–11
13	Fact Value Debate	Objectivity in sociology	Explain fact-value debate.	Week review
14	Non Positivism	Interpretative sociology	Discuss non-positivist methods.	Full revision

**WEEK 3 – RESEARCH METHODS**

Day	Topic	Micro Topics	DPP	Revision
15	Research Methods	Qualitative vs quantitative	Explain qualitative methods.	Day1–14
16	Data Collection	Observation	Discuss observation.	Day15
17	Data Collection	Interview and survey	Explain interview method.	Day15–16
18	Data Collection	Questionnaire	Discuss questionnaire.	Day15–17
19	Variables	Independent dependent variables	Explain variables.	Day15–18
20	Sampling	Types of sampling	Discuss sampling.	Week review
21	Hypothesis	Hypothesis reliability validity	Explain reliability and validity.	Full revision

**WEEK 4 – KARL MARX**

<b>Day</b>	<b>Topic</b>	<b>Micro Topics</b>	<b>DPP</b>	<b>Revision</b>
22	Karl Marx	Historical materialism	Explain historical materialism.	Day1–21
23	Karl Marx	Mode of production	Discuss modes of production.	Day22
24	Karl Marx	Alienation	Explain alienation.	Day22–23
25	Karl Marx	Class struggle	Discuss class struggle.	Day22–24
26	Karl Marx	Base and superstructure	Explain base-superstructure.	Day22–25
27	Karl Marx	Relevance of Marx today	Critically evaluate Marx.	Week review
28	Revision	Marx theory integration	Write 20 marker on Marx.	Full revision

**MONTH 2 – SOCIOLOGICAL THINKERS**

- Durkheim
- Weber
- Parsons
- Merton
- Mead

**WEEK 5 – DURKHEIM**

Day	Topic	Micro Topics	DPP	Revision
29	Durkheim	Social fact	Explain social fact.	Day1–28
30	Durkheim	Division of labour	Discuss division of labour.	Day29
31	Durkheim	Mechanical vs organic solidarity	Explain solidarity.	Day29–30
32	Durkheim	Suicide theory	Discuss suicide study.	Day29–31
33	Durkheim	Religion and society	Explain religion.	Day29–32
34	Durkheim	Critiques	Critically examine Durkheim.	Week review
35	Revision	Durkheim theories	Write 20 marker.	Full revision

**WEEK 6 – MAX WEBER**

Day	Topic	Micro Topics	DPP	Revision
36	Weber	Social action theory	Explain social action.	Day1–35
37	Weber	Ideal types	Discuss ideal types.	Day36
38	Weber	Authority types	Explain authority.	Day36–37

39	Weber	Bureaucracy	Discuss bureaucracy.	Day36–38
40	Weber	Protestant ethic	Explain protestant ethic.	Day36–39
41	Weber	Weber vs Marx	Compare Weber Marx.	Week review
42	Revision	Weber integration	20 marker practice.	Full revision

**WEEK 7 – PARSONS + MERTON**

Day	Topic	Micro Topics	DPP	Revision
43	Parsons	Social system theory	Explain social system.	Day1–42
44	Parsons	Pattern variables	Discuss pattern variables.	Day43
45	Merton	Manifest latent functions	Explain functions.	Day43–44
46	Merton	Conformity and deviance	Discuss deviance.	Day43–45
47	Merton	Reference groups	Explain reference groups.	Day43–46
48	Comparison	Parsons vs Merton	Compare functionalists.	Week review
49	Revision	Functionalist theories	20 marker.	Full revision

**WEEK 8 – MEAD + STRATIFICATION**

Day	Topic	Micro Topics	DPP	Revision
50	Mead	Self and identity	Explain Mead self.	Day1–49
51	Symbolic Interactionism	Concept	Discuss interactionism.	Day50

52	Stratification Concepts	Equality inequality hierarchy	Explain stratification.	Day50–51
53	Stratification Theories	Functionalist theory	Discuss Davis Moore.	Day50–52
54	Stratification Theories	Marxist theory	Explain Marx stratification.	Day50–53
55	Stratification Theories	Weberian theory	Discuss Weber.	Week review
56	Revision	Stratification theories	20 marker.	Full revision

**WEEK 9 – MOBILITY + WORK**

Day	Topic	Micro Topics	DPP	Revision
57	Social Mobility	Types of mobility	Explain mobility.	Day1–56
58	Open vs Closed Systems	Caste vs class	Discuss systems.	Day57
59	Work Organization	Slave society	Explain slave society.	Day57–58
60	Work Organization	Feudal society	Discuss feudal economy.	Day57–59
61	Work Organization	Industrial capitalism	Explain industrial work.	Day57–60
62	Formal Informal Work	Work structures	Discuss informal economy.	Week review
63	Labour Society	Industrial relations	Explain labour society.	Full revision

**WEEK 10 – POLITICS + RELIGION + KINSHIP**

Day	Topic	Micro Topics	DPP	Revision
64	Power Theory	Sociological theories	Explain power.	Day1–63
65	Political Institutions	Power elite bureaucracy	Discuss power elite.	Day64
66	State Concepts	Nation state citizenship	Explain citizenship.	Day64–65

67	Social Movements	Protest revolution	Discuss social movements.	Day64–66
68	Religion Theory	Durkheim Weber Marx religion	Explain sociology of religion.	Week review
69	Religious Practices	Animism sect cult	Discuss practices.	Day64–68
70	Religion Modernity	Secularisation revivalism	Explain secularisation.	Full revision

**WEEK 11 – FAMILY + SOCIAL CHANGE**

Day	Topic	Micro Topics	DPP	Revision
71	Family	Marriage family household	Explain family.	Day1–70
72	Family Forms	Types of family	Discuss family forms.	Day71
73	Kinship	Lineage descent	Explain kinship.	Day71–72
74	Patriarchy	Gender division of labour	Discuss patriarchy.	Day71–73
75	Social Change	Theories development technology	Explain social change.	Full revision

**REVISION MODEL**

Spaced repetition system

- Day 3 revision
- Weekly revision
- Monthly consolidation

After this **75-day plan**, the aspirant achieves:

- Complete Sociology Paper-I coverage + 300+ answer writing practice

## SOCIOLOGY OPTIONAL – PAPER II

### MONTH 1 – INTRODUCING INDIAN SOCIETY

- **Perspectives on Indian society**
- **Colonial impact**
- **Rural and agrarian structure**

### WEEK 1 – PERSPECTIVES ON INDIAN SOCIETY

Day	Topic	Micro Topics	DPP (Answer Writing)	Revision
1	Indology	Approach of G.S. Ghurye	Explain Indological approach.	—
2	Indology	Features and limitations	Critically evaluate Indology.	Day1
3	Structural Functionalism	M.N. Srinivas approach	Explain structural functionalism.	Day1–2
4	Srinivas Concepts	Sanskritization, dominant caste	Discuss Sanskritization.	Day1–3
5	Marxist Sociology	A.R. Desai perspective	Explain Marxist sociology.	Day1–4
6	Comparative Analysis	Indology vs Marxist vs Functional	Compare perspectives.	Week review
7	Revision	All approaches	Write 20 marker on perspectives.	Full revision

### WEEK 2 – COLONIAL IMPACT

Day	Topic	Micro Topics	DPP	Revision
8	Colonialism	Nature of colonial rule	Explain colonial transformation.	Day1–7
9	Indian Nationalism	Social background	Discuss rise of nationalism.	Day8
10	Modernisation	Modernization of Indian traditions	Explain modernization debate.	Day8–9
11	Colonial Protests	Peasant and tribal protests	Discuss colonial movements.	Day8–10

12	Social Reform	Brahmo Samaj Arya Samaj	Explain social reform movements.	Day8–11
13	Social Reform	Women reform movements	Discuss reform for women.	Week review
14	Revision	Colonial transformation	20 marker answer.	Full revision

### WEEK 3 – INDIAN VILLAGE STUDIES

Day	Topic	Micro Topics	DPP	Revision
15	Village Studies	Concept of Indian village	Explain village studies.	Day1–14
16	Village Studies	Contributions of Srinivas	Discuss village sociology.	Day15
17	Village Studies	Debates on village autonomy	Explain village republic myth.	Day15–16
18	Land Tenure	Zamindari system	Discuss zamindari.	Day15–17
19	Land Tenure	Ryotwari Mahalwari systems	Explain land tenure systems.	Day15–18
20	Land Reforms	Post independence reforms	Discuss land reforms.	Week review
21	Revision	Agrarian structure	20 marker answer.	Full revision

### WEEK 4 – CASTE SYSTEM

Day	Topic	Micro Topics	DPP	Revision
22	Caste Theory	G.S. Ghurye	Explain Ghurey caste theory.	Day1–21
23	Caste Theory	M.N. Srinivas	Discuss Srinivas caste analysis.	Day22
24	Caste Theory	Louis Dumont	Explain Dumont hierarchy.	Day22–23
25	Caste Theory	Andre Beteille	Discuss Beteille perspective.	Day22–24
26	Features	Characteristics of caste	Explain caste features.	Day22–25
27	Untouchability	Forms and perspectives	Discuss untouchability.	Week review
28	Revision	Caste debate	20 marker practice.	Full revision

**MONTH 2 – SOCIAL STRUCTURE**

- Tribes
- Classes
- Kinship
- Religion

**WEEK 5 – TRIBAL SOCIETY**

Day	Topic	Micro Topics	DPP	Revision
29	Tribal Definition	Concept of tribe	Explain tribe concept.	Day1–28
30	Tribal Distribution	Geographical spread	Discuss tribal distribution.	Day29
31	Colonial Policy	Forest and tribal policy	Explain colonial tribal policy.	Day29–30
32	Integration	Assimilation vs autonomy	Discuss tribal integration.	Day29–31
33	Tribal Issues	Displacement, development	Explain tribal issues.	Day29–32
34	Tribal Policy	Tribal welfare programs	Discuss tribal policies.	Week review
35	Revision	Tribal debates	20 marker answer.	Full revision

**WEEK 6 – SOCIAL CLASSES**

Day	Topic	Micro Topics	DPP	Revision
36	Class Theory	Concept of class	Explain class concept.	Day1–35
37	Agrarian Classes	Rural class structure	Discuss agrarian class.	Day36
38	Industrial Classes	Industrial workers	Explain industrial class.	Day36–37
39	Middle Class	Rise of middle class	Discuss middle class.	Day36–38
40	Class Mobility	Social mobility in India	Explain mobility.	Day36–39
41	Class vs Caste	Debate	Discuss caste-class relation.	Week review
42	Revision	Class structure	20 marker.	Full revision

**WEEK 7 – KINSHIP SYSTEMS**

Day	Topic	Micro Topics	DPP	Revision
43	Kinship Concepts	Lineage descent	Explain kinship.	Day1–42
44	Kinship Types	North vs South India	Discuss kinship types.	Day43
45	Family Structure	Joint vs nuclear family	Explain family change.	Day43–44
46	Marriage	Forms of marriage	Discuss marriage.	Day43–45
47	Household Structure	Economic household	Explain household structure.	Day43–46
48	Patriarchy	Gender division of labour	Discuss patriarchy.	Week review
49	Revision	Kinship systems	20 marker.	Full revision

**WEEK 8 – RELIGION**

Day	Topic	Micro Topics	DPP	Revision
50	Religion	Religion in Indian society	Explain religion.	Day1–49
51	Religious Communities	Hindu Muslim Sikh	Discuss religious communities.	Day50
52	Minority Issues	Minority problems	Explain minority issues.	Day50–51
53	Communalism	Communal politics	Discuss communalism.	Day50–52
54	Secularism	Indian secularism	Explain secularism.	Day50–53
55	Religion Politics	Religion and politics	Discuss religion-politics.	Week review
56	Revision	Religion sociology	20 marker.	Full revision

**FINAL 3 WEEKS – SOCIAL CHANGE IN INDIA**

**WEEK 9 – DEVELOPMENT AND CHANGE**

Day	Topic	Micro Topics	DPP	Revision
57	Development	Planning and mixed economy	Explain development.	Day1–56
58	Law	Constitution and social change	Discuss constitutional reforms.	Day57
59	Education	Education as change agent	Explain education.	Day57–58
60	Technology	Science technology impact	Discuss technology.	Day57–59

61	Rural Development	Community development program	Explain rural programs.	Day57-60
62	Green Revolution	Impact on rural society	Discuss green revolution.	Week review
63	Agrarian Change	Changing agriculture	20 marker.	Full revision

**WEEK 10 – INDUSTRIALIZATION AND URBANISATION**

Day	Topic	Micro Topics	DPP	Revision
64	Industrialization	Evolution of industry	Explain industrialization.	Day1-63
65	Urbanization	Urban growth	Discuss urbanization.	Day64
66	Working Class	Labour movements	Explain working class.	Day64-65
67	Informal Sector	Child labour	Discuss informal sector.	Day64-66
68	Urban Poverty	Slums and deprivation	Explain slums.	Week review
69	Urban Sociology	Urban challenges	Discuss urban inequality.	Day64-68
70	Revision	Industrial urban change	20 marker.	Full revision

**WEEK 11 – POLITICS AND SOCIAL MOVEMENTS**

Day	Topic	Micro Topics	DPP	Revision
71	Nation and Citizenship	Democracy in India	Explain citizenship.	Day1-70
72	Political Institutions	Parties pressure groups	Discuss political elite.	Day71
73	Regionalism	Decentralisation	Explain regionalism.	Day71-72
74	Social Movements	Farmers, women, Dalit movements	Discuss movements.	Day71-73
75	Population and Challenges	Population issues, inequalities	Explain social transformation.	Full revision

## 30-DAY CONSOLIDATED REVISION PLAN

### WEEK 1 – SOCIOLOGICAL FOUNDATIONS (PAPER-I)

Day	Topic	Micro Topics	DPP Focus
1	Emergence of Sociology	Modernity, Industrial Revolution, Enlightenment	Emergence of sociology
2	Scope of Sociology	Relation with other social sciences	Scope of sociology
3	Sociology & Science	Scientific method, positivism	Sociology as science
4	Methodology	Positivism vs non-positivism	Fact-value debate
5	Research Methods	Qualitative vs quantitative methods	Research methods
6	Data Collection	Observation, interview, survey	Sampling reliability validity
7	Weekly Revision	Full revision of methods	20 marker practice

### WEEK 2 – SOCIOLOGICAL THINKERS (MOST SCORING)

Day	Topic	Micro Topics	DPP Focus
8	Karl Marx	Historical materialism, class struggle	Marx theory
9	Karl Marx	Alienation, mode of production	Relevance of Marx
10	Durkheim	Social fact, division of labour	Durkheim theory
11	Durkheim	Suicide, religion	Durkheim relevance
12	Max Weber	Social action, authority	Weber theory
13	Max Weber	Bureaucracy, protestant ethic	Weber vs Marx
14	Weekly Revision	Compare Marx, Weber, Durkheim	20 marker

**WEEK 3 – SOCIAL STRUCTURE AND INSTITUTIONS**

Day	Topic	Micro Topics	DPP Focus
15	Stratification	Concept of inequality, hierarchy	Stratification
16	Stratification Theories	Functionalist, Marxist, Weberian	Compare theories
17	Social Mobility	Types, causes, systems	Mobility debate
18	Work & Economy	Industrial capitalism	Labour relations
19	Politics & Society	Power elite, pressure groups	Sociology of politics
20	Religion	Durkheim, Weber, Marx religion	Religion sociology
21	Weekly Revision	Social institutions	20 marker

**WEEK 4 – INDIAN SOCIETY (PAPER-II)**

Day	Topic	Micro Topics	DPP Focus
22	Perspectives	Indology, Srinivas, Desai	Study of Indian society
23	Colonial Impact	Social reforms, nationalism	Colonial transformation
24	Caste System	Structure, features	Caste debate
25	Caste Theories	Ghurye, Dumont, Beteille	Origin of caste
26	Village Studies	Indian village as social system	Village sociology
27	Agrarian Structure	Land reforms, rural change	Agrarian change
28	Weekly Revision	Caste and village	20 marker
29	Social Movements & Tribes	Peasant movements, Dalit movement, tribal issues	Social movements
30	Population, Development & Challenges	Population policy, inequality, gender violence	Social transformation

